



October 2018 Workshops

WS-1008 Introduction to Quilling

With Carol Berntsson, Mon. 10/8//18, 11am-1pm, Room 21, M\$20 NM\$23
Quilling is essentially the art of paper sculpture. This beautiful old art form can be mastered easily following the basic technique and using the materials provided in this introductory workshop. In this workshop, students will be provided with the materials and equipment that will enable them to develop a hobby that produces lovely accents, ornaments, and three-dimensional pictures to enhance gifts and cards. **\$15.00 materials fee to Instructor. Max 5**

WS-1009 Intro to Alcohol Ink Art

With Nancy Thomas, Mon. 10/8/18, 1-4pm, Room 16/17, M\$30 NM\$33
In this workshop, students will learn about the materials and supplies used in alcohol ink art. The instructor will demonstrate various techniques and the students will practice on scrap photograph or yupo paper. The students will produce three alcohol ink masterpieces: one on yupo paper, one on photograph paper and the last piece on tile. **\$15 cash to Instructor for supplies. Max 20**

WS-1011 Natural Solutions Using Essential Oils

With Dottie Vaivoda, Thurs. 10/11/18, 1-3pm, Room 20 M\$20 NM \$23
Learn how to support your body more naturally through the application of certified pure therapeutic grade essential oils, either aromatically, topically or internally. Essential oils are aromatic compounds that come from plant's flowers, roots, stems and bark. They provide superior antioxidant protection and help to support a healthy immune system. This is a hands-on class and students will get to experience all the wonderful benefits of these oils. Students may want to bring pen and paper to take notes. **Max 12**

WS-1017 Make the Rest of Your Life the Best of Your Life

With Sherry Austin, Weds. 10/17/18, 10am-12pm, room 22, M\$20 NM \$23
In retirement we build a new life. Only half of retirees feel their lives have improved after retiring. It can be a stressful time as there are many transitions that take place during this life phase. Learn strategies to help deal with these important life changes. Part of the secret to a successful retirement is having the insight, tools and resources to renew and re-create yourself. The course includes an introduction to the six life arenas: work or volunteer, health and wellness, money, family relationships, leisure and social, and personal development. The course will teach how one can navigate their own retirement life to create a new beginning to achieve life's full potential. **Taught by Sherry Austin, Certified Retirement Coac**

TO REGISTER FOR ANY OF THESE WORKSHOPS, COME INTO THE LEARNING PLACE OFFICE AT 2280 Aaron St., Port Charlotte OR REGISTER WITH CREDIT CARD BY CALLING (941) 625-4175 ext 223 DURING BUSINESS HOURS



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WS-1018 Self-Confidence Now for Women

With Carolyn Jones, Thurs. 10/18/18, 6-7pm, Room 15, M\$10 NM \$13

If you are a woman who lacks self-confidence then this talk is for you. This talk will teach you 5 simple ways to build self-confidence while embracing who you are. You will learn the definition of self-confidence: what it is and what it is not, barriers to self-confidence, why it is important and ways to improve it. Self Confidence NOW is a talk for women who want to improve their self confidence in the workplace. The lack of self-confidence can oftentimes hinder ones professional growth. Let me show you the difference between self-confidence and self-esteem, how to improve your self-confidence immediately and help you build your confidence muscle. **Optional: Bring pen and paper to take notes.**

WS-1019 Christmas Santa Face in Clay

With Pam Cox, Fri. 10/19/18, 1-4pm, Room 31 \$30 (Non-members \$33)

Join this workshop to create your own holiday keepsake. In this 3 hour hands-on clay workshop, you will be shown how to make a terracotta Santa face full of personality using a clay slab. This workshop is for both beginners and experienced clay workers. Creativity and fun will be stressed while learning a new skill and having a good time. A great workshop to take with a friend. All tools will be provided but feel free to bring your own tools if you'd like. Piece will be fired and it will be finished and ready to pick up in about 3 weeks. **A \$8 clay & firing fee is payable to the instructor the day of the workshop. Max 10**

(C) WS-1026 iPad Apps

With Pam Cox, Fri. 10/26/18, 1-4pm, Con L, M\$30 NM \$33

Come to explore the apps supplied by Apple that are available on the iPad, visit the app store and find helpful apps directed to your needs. This workshop is for students from the iPad workshop and those already grounded in the basics and who want to explore the apps further. **Must bring your iPad. Max 14**

WS-1029 Acrylic & Resin Pouring Techniques

With Nancy Thomas, Mon. 10/29/18, 1-4pm, room 16/17, M\$30 NM \$33

This workshop will introduce the student to several different methods of mixing and pouring acrylic paints for interesting effects as background or final paintings. There will be a demo of resin application and torching. Students will be able to pour at least one canvas. Because resins need 24 hours to dry sufficiently to move, there will only be a demo for that procedure. Materials to be provided by the instructor for a fee include: canvas, paint, medium, stirrers and cups, gloves, etc. Please wear an apron or clothing that you don't care about as the pouring can be very messy. **\$15 cash fee to instructor for supplies. Max 12**



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